**Classroom Counseling Lesson Plan**

|  |  |  |
| --- | --- | --- |
| **Lesson Title** | **Grade Range** | **Time Needed** |
| The Mole | 6-8 | 30-40 minutes |

|  |  |  |
| --- | --- | --- |
| **Domain** | **Mindset Standards** | **Behavior Standards** |
| Career/ Emotional Social | MS1, MS2, MS4, MS5 | LS1, LS2, LS3, LS4, LS8, SMS1, SMS5, SMS7, SMS8, SMS10, SS1, SS2, SS3, SS4, SS6, SS7, SS9 |

**Learning Objectives:**

Students will be able to:

* Practice working together as a team.
* Identify important skills when working in groups.

**Supplies/Materials:**

* Marshmallows
* Toothpicks
* Group responsibility slips

**Outline:**

1. Counselor should begin by breaking students into groups of 4-5 students.
2. Explain that each group will be competing to make the tallest tower out of the marshmallows and toothpicks.
3. Explain one student in each group will be a mole.
	1. The mole’s job is to sabotage the group’s tower without the team noticing them.
4. Give each student a group responsibility slip and explain they should not show nor tell anyone in their group what their paper says.
	1. All slips will state “help group make the tallest tower”
5. Give students a specific amount of time to make their towers.
6. When time is up, have each member of the group pick who the mole was.
7. Explain to students that no one was the mole, and discuss how thinking someone was sabotaging their project affected the group.
	1. Sample discussion questions:
		1. What were the dynamics of your group?
		2. How did you act when you thought someone was trying to ruin your hard work?
		3. What qualities are present when you are using good team work?
8. Counselor should end the lesson by reviewing information discussed in the lesson.