**Classroom Counseling Lesson Plan**

|  |  |  |
| --- | --- | --- |
| **Lesson Title** | **Grade Range** | **Time Needed** |
|  How do I become A… | 6th and 7th grade | Approximately 45 minutes |

|  |  |  |
| --- | --- | --- |
| **Domain** | **ASCA Mindset Standards** | **ASCA Behavior Standards** |
| Career Development | MS2; MS4; MS5; MS6 | LS1; LS4; LS5; LS7; LS9; SM1; SM3; SM5; SS5; SS8; SS9 |

**Learning Objectives:**

Students will be able to:

* Identify 3 careers of interest.
* Research education requirements for their preferred career.
* Research skill requirements for their preferred career.

**Supplies/Materials:**

* Computers
* SDMyLife Logins
* “How do I become a…” worksheets

**Outline:**

1. Students will login to their SDMyLife accounts and utilize the career search tools available.
2. Students will save their top 3 careers to their portfolio.
3. Students will complete the “How do I become a …” worksheet for their first choice of career.
	1. Students research and identify 3 education requirements that are needed for the career.
	2. Students research and identify 3 skills needed for the career.
	3. Students will write a paragraph about what they can start doing now to prepare for the career.

**Process Questions:**

1. Did your top 3 careers match what you originally thought was your first choice?
2. Are your top 3 careers realistic for where you plan to live?
3. What are the educational requirements for your career choices?
4. What are the skill requirements for your career choices?
5. What is a short-term goal you can complete on your path to your career choice?
6. What is a long-term goal you must complete for your career choice?

# ACTIVITY 1

## How Do I Become A...?

Use the Internet to research what kind of education requirements there are for a career you are interested in. Also, try to find out what kind of skills you might need for that career.

**Example:**

**I want to be a(n)** teacher

**Education Requirements:**

Bachelor degree in the area I want to teach

Teaching certification

Master degree to increase income and teach at a college

**Skills I Need:**

math skills to keep track of students’ grades

public speaking so I can talk in front of class of students

creativity so I can come up with activities for students

**I want to be a(n)**

**Education Requirements:**

**Skills I Need:**

**ACTIVITY 2**

**Planning for My Career**

It’s never too early to start planning for a career that interests you. Although it might seem like a long time before you will be able to start your career, there are things you can do right now to prepare yourself. You can do research and find out what your different options are for your career, or even volunteer somewhere to find out if you would really enjoy a particular career. Use the space below and write a few sentences explaining what you can start doing now to explore a career that interests you.