**Classroom Counseling Lesson Plan**

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| **Lesson Title** | **Grade Range** | **Time Needed** |
| High School: I Can Survive | 6-8 | 45 minutes |

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| **Domain** | **Mindset Standards** | **Behavior Standards** |
| Career/Academic | 1, 2, 4, 5 | LS: 1-6 SM: 1, 4, 5, 6, 7 SS: 1, 3 |

**Learning Objectives:**

* Students will understand important terms for high school
* Students recognize how school and life fit together

**Supplies/Materials:**

* A high school terms handout- one per student

**Outline:**

1. Give each student a HS terms handout
2. Tell them you would like them to take about five minutes and answer what they can on their own.
3. After this time, put students into groups and allow them to use the internet to find answers. Tell students they will have 20 minutes to find what answers they can. (The group with the most correct answer will get a treat- optional)
4. After 20 minutes go through the worksheet with the students, allow groups to share their answers, relate as much as possible to planning for their future. Answer questions as they arise.
5. If students have difficulty with some of the answers help them out.

***Note: Sometimes students need more practice figuring GPA’s if they do you can provide more samples and work together with them.***