**Lead Deadwood Elementary
Classroom Counseling Lesson Plan**

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| **Lesson Title** | **Grade Range** | **Time Needed** |
| Have A Plan | 3-4 | 30 minutes |

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| **Domain** | **Mindset Standards** | **Behavior Standards** |
| Career/ Academic | MS2, MS5 | LS1, LS3, LS4, LS6, LS7, SMS2, SMS4, SS1, SS5, SS8, SS9 |

**Learning Objectives:**

Students will be able to:

* Identify benefits of having a plan.
* Learn the importance of goal setting.

**Supplies/Materials:**

* *The 7 Habits of Happy Kids* by Sean Covey
* Pre/Post Have a Plan Survey
* Goal Setting Worksheets

**Outline:**

1. Have students take the pre test a week prior to classroom lesson.
2. Introduce the lesson by asking students if there has ever been something they really wanted that they had to work for. Take examples. Tell students today we are going to read a story about how having a plan can help us reach our goals.
3. Read *Goob and the Bug-Collecting Kit* from the 7 Habits book
	1. Ask process questions about the book (see below)
4. Have students identify three goals and turn on of them into a SMART goal.

**Process Questions:**

* What was Goob’s plan? How did it work out?
* How did Jumper spend his money?
* How did Goob spend his money?
* Who spent their money in a better way?
* How was Goob able to help Jumper in the end?
* Why is it important to plan ahead?

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| SPECIFIC: know exactly what you want to happen |  |
| MEASURABLE: how will you know you made it happen? |  |
| ACHIEVABLE: can you really make this happen?  |  |
| RELEVANT: why is this goal important to you? |  |
| TIMELY: when will you make this happen? |  |



Make your goal S.M.A.R.T.

It is easy to say you want to do something but to making it happen can be very difficult. When goals are SMART-ified we know when can make them happen!

GOAL #1:

GOAL #2:

GOAL #3:

HAVE A PLAN

Having a plan means you being in with end in mind. When you know what you want to happen in the end it is easier to make a plan and follow through. This is called goal setting. Below you will share 3 goals you have they can be big or small!